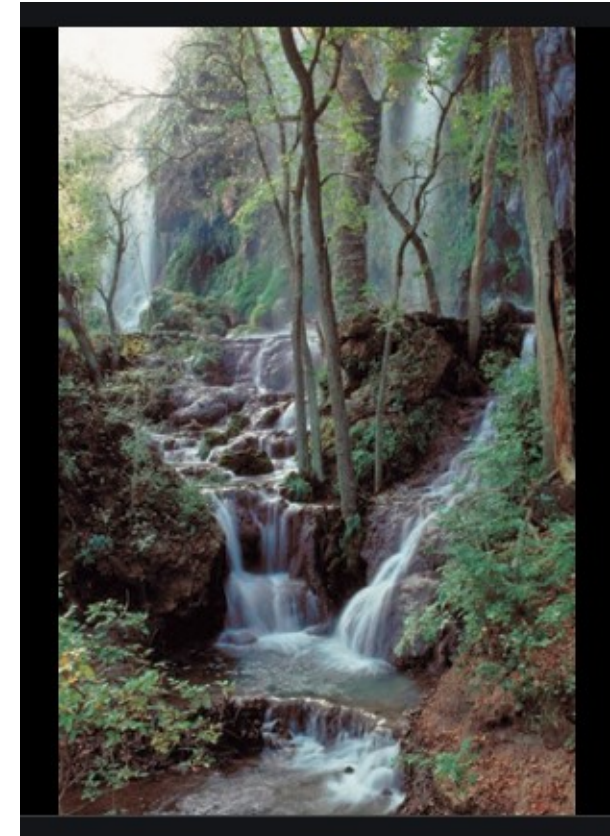
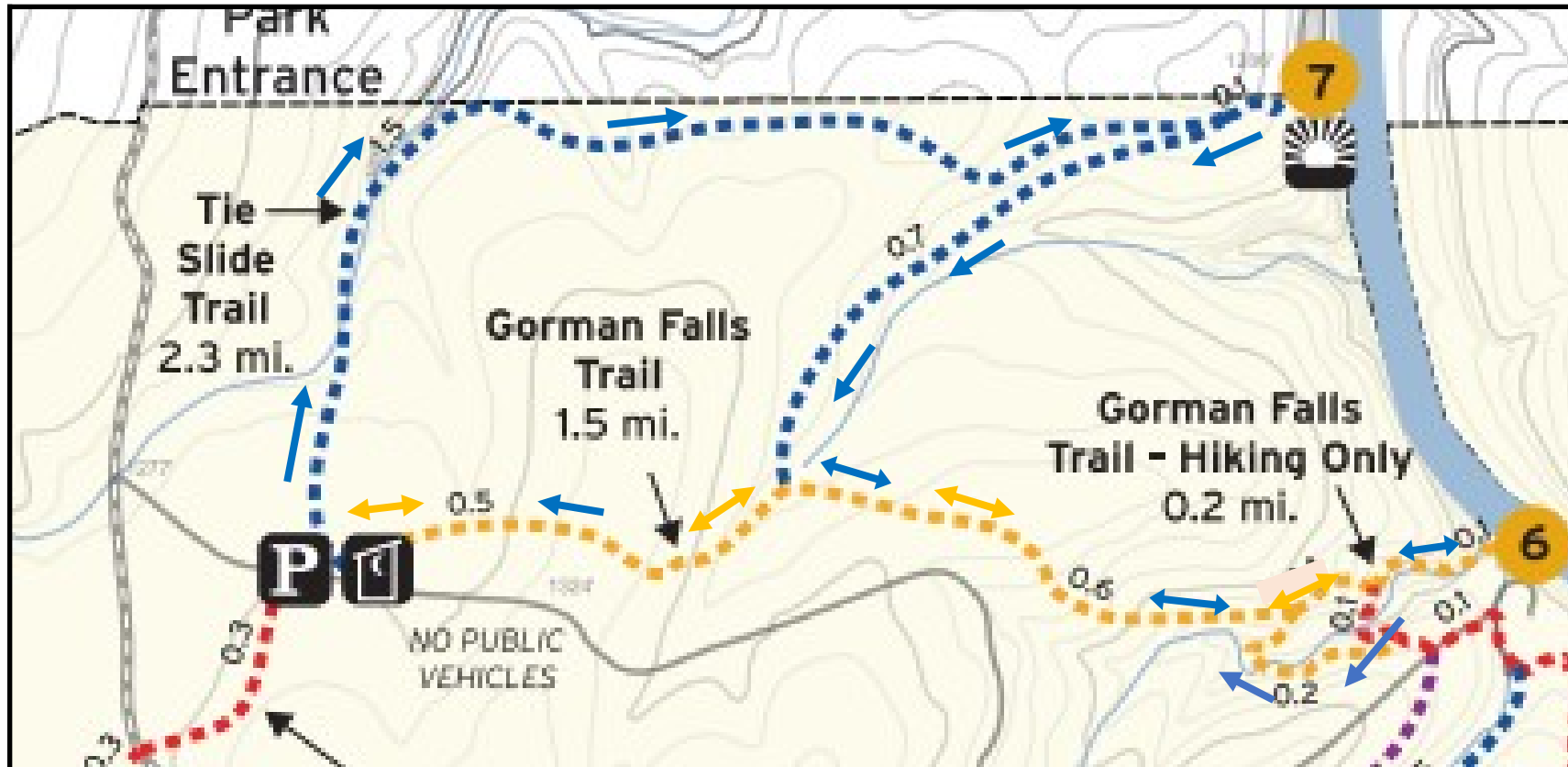


The Gorman Falls Trail - Friday, October 7



Begin the 11k hike (Blue arrows) at the Gorman Falls and Spring trailhead and turn left on the Tie Slide Trail for 6k to an overlook that sits more than 200 feet above the Colorado river. You can see for miles at this overlook. **Be prepared for this difficult, rocky trail with hiking boots and stick.** Return to the trail and follow the signage to Gorman Falls to a steep natural rock staircase with cable railing. You will be rewarded with a stunningly beautiful waterfall. Beware: This portion of the trail is extremely slippery. Know your limitations and turn around if you have poor balance. After the waterfall the hike leads you to the serene Gorman Spring. This portion of the hike is flat and has many water crossings. Many large trees and lily pads line the trail. You will return to the parking lot on Gorman Falls trail.

The 5k (Yellow arrows) is an out and back on Gorman Falls trail starting at the Gorman Falls and Spring trailhead. It skips the difficult natural staircase to Gorman Falls and instead ends at the easy Gorman Spring trail. If you want to see the falls continue to the river and back. **You will need to wear hiking boots and carry a hiking stick as most of the 5k trail is very rocky.**